

ezlunch Menu

Order online by
9am for delivery
every day

Mt Roskill Intermediate / Term 3 2019

242 Marua Road
Mt Wellington
Auckland 09-579 5499

WARM MAINS

NEW Teriyaki Chicken and rice	\$6.00
Beef Burger	\$6.90
Macaroni Cheese	\$6.70
Gluten Free Macaroni Cheese	\$7.70
Spaghetti Bolognese	\$7.00
Butter Chicken on rice	\$7.00
Mild Chilli Bean Nachos (large) with optio...	\$6.00
Lasagne	\$7.00
Gluten Free Beef Lasagne	\$8.20
Oven Baked Spring Rolls with Soya Sauce	\$4.60
Butter Chicken Jesters Pie	\$5.80
Noodles (Vegetarian)	\$5.00
Noodles (Free Range Chicken)	\$6.00
Egg Fried Rice	\$5.90
Samosa (Vegetarian or Chicken) - single	\$3.20
Samosas x2 (Vegetarian or Chicken)	\$6.00
Pork, Chive, Prawn Dumplings (4 pieces)	\$5.90
BBQ Pork Bun (1) with side salad	\$6.80

COLD MAINS

Design A Sandwich BEEF	\$4.30
Design a Sandwich CHICKEN (Free Range)	\$4.30
Design a Sandwich TUNA in Spring Water	\$4.30
Design A Sandwich VEGETARIAN	\$3.50
Design a Sandwich HAM	\$4.30
Round Roll Chicken Salad	\$4.30
Round Rolls Ham & Salad	\$4.30
Ham & Cheese Scroll	\$4.00
Vegemite & Cheese Scroll	\$3.70
Vegemite Sandwich	\$3.20
Pita Crisps & Fresh Hummus	\$5.60
Green Salad (design your own)	\$4.90
Roasted Chicken & Green Salad (design yo...	\$5.90
Ham & Green Salad (design your own)	\$5.90

SUSHI

3 x Chicken Avocado & Mayo Sushi	\$4.40
6 x Chicken Avocado & Mayo Sushi	\$8.10
3 x Salmon Avocado Sushi	\$4.40
6 x Salmon Avocado Sushi	\$8.10
6 x Tuna, Avocado, Mayo Sushi	\$8.10
6 x Vegetarian Sushi	\$7.90

SNACKS & DESSERTS

NEW Coconut & Cranberry Loaf	\$3.00
Yoghurt Small 100ml	\$2.40
Weetbix Coconut Slice	\$2.20
Fresh Fruit Salad	\$4.90
Apple	\$1.70
Banana	\$1.90
Fresh Sliced Pineapple	\$2.40
Grapes Fresh & washed	\$2.40
Orange Fresh & Quartered	\$2.00
Carrot Sticks	\$1.80
Free range Boiled Egg	\$1.80
Pita Crisps Small Bag	\$2.80
Lebanese Flat Bread	\$1.90

VALUE PACKS

NEW Sausage roll, Popcorn & Apple	\$6.60
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Order online... www.ezlunch.co.nz

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Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)