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for delivery every day

eZlunch MENU

Mt Roskill Intermediate / Term 2 2021



242 Marua Road
Mt Wellington
Auckland
09-579 5499

WARM MAINS

NEW - American Hotdog	\$7.00
Teriyaki Chicken and rice	\$7.50
Beef Burger	\$7.60
Macaroni Cheese	\$7.50
Gluten Free Macaroni Cheese	\$8.50
Spaghetti Bolognese	\$7.80
Butter Chicken on rice	\$8.00
Mild Chilli Bean Nachos (large) with optio...	\$7.20
Lasagne	\$7.80
Gluten Free Beef Lasagne	\$8.80
Oven Baked Spring Rolls with Soya Sauce	\$4.90
Noodles (Vegetarian)	\$6.00
Noodles (Free Range Chicken)	\$7.00
Egg Fried Rice	\$6.40
Samosa (Vegetarian or Chicken) - single	\$3.60
Samosas x2 (Vegetarian or Chicken)	\$6.90
Pork, Chive, Prawn Dumplings (4 pieces)	\$6.40
BBQ Pork Bun (1) with side salad	\$7.40

COLD MAINS

Design A Sandwich BEEF	\$4.80
Design a Sandwich CHICKEN (Free Range)	\$4.80
Design a Sandwich TUNA in Spring Water	\$4.80
Design A Sandwich VEGETARIAN	\$4.00
Design a Sandwich HAM	\$4.80
Round Roll Chicken Salad	\$4.70
Round Rolls Ham & Salad	\$4.70
Vegemite Sandwich	\$3.80
Pita Crisps & Fresh Hummus	\$5.90
Green Salad (design your own)	\$5.40
Roasted Chicken & Green Salad (design yo...	\$6.40
Ham & Green Salad (design your own)	\$6.40

SUSHI

ECO ROLL - Chicken Avocado & Mayo Sushi	\$4.80
ECO ROLL - Salmon Avocado Sushi	\$4.80
6 x Chicken Avocado & Mayo Sushi	\$8.50
6 x Salmon Avocado Sushi	\$8.50
6 x Tuna, Avocado, Mayo Sushi	\$8.50
6 x Vegetarian Sushi	\$8.30

SNACKS & DESSERTS

Weetbix Coconut Slice	\$2.70
Yoghurt Small 100ml	\$2.80
Fresh Fruit Salad	\$5.40
Apple	\$1.70
Banana	\$1.90
Fresh Sliced Pineapple	\$2.80
Grapes Fresh & washed	\$2.80
Orange Fresh & Quartered	\$2.60
Carrot Sticks	\$2.20
Free range Boiled Egg	\$1.90
Pita Crisps Small Bag	\$3.10
Lebanese Flat Bread	\$2.20
Popcorn	\$1.60

VALUE PACKS

Sausage Roll, Popcorn & Apple	\$7.00
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